

Entrepreneur's Startup Checklist

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○ DEFINING YOUR MOMENT

- Reflect on personal and market readiness.
- Identify a milestone or opportunity that necessitates full-time focus in your startup.
- Consult with mentors or advisors.

2

○ FINANCIAL PLANNING

- Develop a detailed budget for personal and business expenses.
- Calculate savings needed to cover living expenses without income.
- Explore funding options for your startup.

3

○ HANDLING THE EMOTIONAL SHIFT

- Plan for changes in daily routine and work environment.
- Establish a support system of family, friends, and peers.
- Seek resources for emotional resilience and adaptability (i.e. coaching and peer groups).

4

○ HEALTH INSURANCE AND BENEFITS

- Research health insurance options post-employment.
- Calculate the cost of continuing or obtaining new insurance.
- Consider other lost benefits (e.g., retirement plans) and plan accordingly.

5

○ LEGAL AND PAPERWORK CONSIDERATIONS

- Review any existing employment contracts for legal constraints.
- Consult with a legal professional for personalized advice.
- Register your business and understand tax obligations.
- Set up necessary administrative systems (website, accounting, CRM, etc.).

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○ CREATING A SUPPORTIVE CIRCLE

- Identify and reach out to potential mentors and advisors.
- Network within industry and entrepreneurial communities.
- Leverage social media and professional platforms for connections.

7

○ TAKING CARE OF YOURSELF

- Schedule regular self-care activities (exercise, meditation, hobbies, etc.).
- Maintain a balanced diet and sleep schedule.
- Consider mindfulness or stress-management practices, including coaching or therapy.

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○ STAYING OPEN AND READY TO LEARN

- Subscribe to industry publications and follow relevant thought leaders.
- Attend workshops, webinars, and networking events.
- Stay at the forefront of changing industry dynamics and new tools/technology.

